

The Hemingway Measure of Adolescent Connectedness®

(MAC 5 Adolescent, grades 6-12)

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MARKING INSTRUCTIONS Use number 2 pencil only. Make dark marks that fill the circle cor		Erase cleanly any mark you wish to change.Make no stray marks.		use NO.	2 PENCIL ON	Incorrect		
Name:		Number:				Date:		
Name.		Number.				Jate.		
Sex:	Grade:	9 010) () 11	<u> </u>	Age:			
Race/Ethnicity: O White	Black Hispanic Asian	O Bi-racial	Ot	her:				
Who do you live with?	r	ther:						
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2

3

(15) I feel close to my brother(s) or sister(s). (leave blank if you have none)

(5)

?

4

	Not at all true	Not really true	Sort of true	True	Very true	? Unclear
(16) I enjoy being at school.	1	2	3	4	5	?
(17) I like pretty much all of the other kids in my grade.	1	2	3	4	5	?
(18) I do not get along with some of my teachers.	1	2	3	4	5	?
(19) Doing well in school will help me in the future.	1	2	3	4	5	?
(20) I like to read.	1	2	3	4	5	?
(21) I get along with the kids in my neighborhood.	1	2	3	4	5	?
(22) Spending time with my friends is a big part of my life.	1	2	3	4	(5)	?
(23) I can name 3 things that other kids like about me.	1	2	3	4	5	?
(24) I enjoy spending time with my parents.	1	2	3	4	(5)	?
(25) I enjoy spending time with my brothers/sisters.		_	_	_	_	
(leave blank if you have none)	1	2	3	4	5	?
(26) I get bored in school a lot.	1	2	3	4	(5)	?
(27) I like working with my classmates.	1	2	3	4	(5)	?
(28) I want to be respected by my teachers.	1	2	3	4	5	?
(29) I do things outside of school to prepare for my future.	1	2	3	4	5	?
(30) I never read books in my free time.	1	2	3	4	(5)	?
(31) I often spend time playing or doing things in my						
neighborhood.	1	2	3	4	5	?
(32) My friends and I talk openly with each other about						
personal things.	1	2	3	4	(5)	?
(33) I really like who I am.	1	2	3	4	5	?
(34) My parents and I disagree about many things.	1	2	3	4	(5)	?
(35) I try to spend time with my brothers/sisters when I can.						
(leave blank if you have none)	1	2	3	4	5	?
(36) I do well in school.	1	2	3	4	(5)	?
(37) I get along well with the other students in my classes.	1	2	3	4	(5)	?
(38) I try to get along with my teachers.	1	2	3	4	(5)	?
(39) I do lots of things to prepare for my future.	1	2	3	4	5	?
(40) I often read when I have free time.	1	2	3	4	(5)	?
(41) I hang out a lot with kids in my neighborhood.	1	2	3	4	(5)	?
(42) I spend as much time as I can with my friends.	1	2	3	4	(5)	?
(43) I have special hobbies, skills, or talents.	1	2	3	4	(5)	?
(44) My parents and I get along well.	1	2	3	4	(5)	?
(45) I try to avoid being around my brother/sister(s).		_	_	_	_	
(leave blank if you have none)	1	2	3	4	5	?
(46) I feel good about myself when I am at school.	1	2	3	4	5	?
(47) I am liked by my classmates.	1	2	3	4	5	?
(48) I always try hard to earn my teachers' trust.	1	2	3	4	5	?
(49) I think about my future often.	1	2	3	4	(5)	?
(50) I usually like my teachers.	1	2	3	4	5	?
(51) My neighborhood is boring.	1	2	3	4	5	?
(52) My friends and I spend a lot of time talking about things.	1	2	3	4	5	?
(53) I have unique interests or skills that make me interesting.	1	2	3	4	5	?
(54) I care about my parents very much.	1	2	3	4	5	?
(55) What I do now will not affect my future.	1	2	3	4	5	?
(56) Doing well in school is important to me.	1	2	3	4	5	?
(57) I rarely fight or argue with the other kids at school.	1	2	3	4	5	?